

# THEMATIC BOOK DISPLAY ON INTERNATIONAL YOGA DAY

21<sup>ST</sup> JUNE 2022



(Image Source: yogamoha.com)

## LIST OF E BOOKS ON YOGA

- 1) [आंतरराष्ट्रीय योग दिवस पुस्तिका \(हिंदी\)](#)
- 2) [योगाचा संक्षिप्त इतिहास \(आर्ट ऑफ लिक्विंग\)](#)
- 3) [योग : स्वस्थ जीवन जीने का तरीका \(NCERT\)](#)



## LIST OF BOOKS AVAILABLE IN OUR LIRC ON "YOGA"

[1] B26062 [INNER ENGINEERING: A YOGI'S GUIDE TO JOY](#)  
By SADHGURU JAGGI VASUDEV  
HARYANA/PENGUIN/2016  
204.36 SAD

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[2] B20585 [PERSONALITY DEVELOPMENT: TRANSFORM YOURSELF](#)  
By MISHRA, RAJIV K.  
NEW DELHI/RUPA/2004  
155.25 MIS

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[3] B18661 [AUTOBIOGRAPHY OF A YOGI](#)  
By YOGANANDA, PARAMAHANSA  
KOLKATTA/YOGODA SATSANGA SOCIETY/2001  
920 YOG

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[4] B17592 [USE YOUR MIND TO HEAL YOUR BODY](#)  
By VAS, LUIS S.R.  
MUMBAI/BETTER YOURSELF BOOKS/2009  
613 VAS

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[5] B15324 [CYCLOPAEDIA YOGA: WITH SPEICAL INFORMATION ON ASANA](#) Vol.No.1  
By YOGENDRA, JAYADEVA  
BOMBAY/YOGA INSTITUTE/1993  
613.7046 YOG

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[6] B13011 [AUTOBIOGRAPHY OF A YOGI](#)  
By YOGANANDA, PARAMHANSA  
MUMBAI/JAICO/1974  
920 YOG

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[7] B12938 [STRIYANSATHI SULABH YOGASANE](#)-2nd ed.  
By YOGENDRA, SITADEVI/SAMBHUS, ANJALI  
MUMBAI/YOGENDRA PUBLICATION FUND/1992  
613.7046 YOG/SAM

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[8] B5759 [PRACTISING YOGA](#)  
By AUSTIN, JENNIE  
SCOTLAND/GEDDES AND GROSSET/1999  
181.45 AUS

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[9] B3383 [YOGA : THE ULTIMATE ATTAINMENT.](#)  
By MUNI, SWAMI, RAJARSHI.  
MUMBAI/JAICO PUBLISHING HOUSE/1999  
181.45 MUN

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[10] B3040 [YOGA : FOR EVERY ATHLETE](#)  
By KOGLER, ALADAR  
MUMBAI/JAICO PUBLISHING HOUSE/1999  
181.45 KOG

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[11] B2142 [YOG RASHMI](#)  
By GUPTA, RAMESHWAR DASS  
NEW DELHI/YOG SADHANA KENDRA/1982  
181.45 GUP

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[12] B1713 [THE TREE OF YOGA : CLASSIC GUIDE TO INTEGRATING YOGA INTO YOUR DAILY.](#)  
By IYENGAR, B.K.S.  
NEW DELHI/HARPER COLLINS/1998  
181.45 IYE

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[13] B276 [YOGA YOGASANA AND PRANAYAMA FOR HEALTH](#)  
By SHARMA P D  
MUMBAI/NAVNEET PUBLICATIONS/1997  
181.45 SHA

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[14] B229 [YOGA IN DAILY LIFE](#)  
By JOSHI K S  
NEW DELHI/ORIENT PAPER BACKS/1997  
181.45 JOS